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Operations Manual

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Warranty & Service Information

Proprietary Notice:

Information contained in this document is copyrighted by Innergizer Plus, and may not be duplicated in full or part by any person without prior written approval of Innergizer Plus. Its purpose is to provide the user with adequately detailed documentation to efficiently install, operate and maintain the Innergizer Lite. Efforts have been made to keep the information contained in this document current and accurate as of the date of publication or revision.

Limited Warranty:

InnergizerPlus.com warrants the product to be free from defects in workmanship and material under normal use for a period of one (1) year from the date of shipment. The sole obligation of PHI MGMT under this warranty will be to repair or replace the system, at its option, should the Innergizer Lite proves to be defective during the warranty period. The foregoing shall be the sole warranty remedy. As set forth herein, PHI MGMT makes no warranties, either expressed or implied, including the implied warranties of merchantability and fitness for a specific purpose. No warranty is provided if the Innergizer Lite is modified without the express written consent of PHI Management. PHI Management shall not be liable in any event for incidental consequential damage. This warranty is not activated before the customer returns the completed Innergizer Lite registration form within 30 days after the purchase of the product. This warranty is not assignable.

Service Support:

To return your Innergizer Lite for repair/replacement under the terms of this one year limited warranty, you must contact us for a return merchandise authorization number (RMA number) within one (1) year from the shipping date. Email us at sales@innergizerplus.com to obtain the RMA number from our customer service department. The return of the Innergizer Lite and all accompanying documents must be packed carefully to prevent shipping damage. The RMA number must be clearly printed on the outside of the shipping container.

Introduction

This operation Manual provides operation and maintenance instructions for the use of the Innergizer Lite.

The Innergizer Lite uses LED lights and optional vibration to diminish body fat. Simply place the adjustable Velcro LED light belt around the target area (abdomen, arms, legs, neck, etc.) and set the timer on the base unit. The red LED light penetrates skin and opens the pores of fat cells allowing fatty acids to escape and burn off more easily during exercise. Use 10 minutes per treatment area, 2 to 3 times per week in addition to exercise and a healthy diet.

The same LED cellulite reduction system used in medical offices, is now available for the home and business use. The SWS uses LED lights to "open up" fat cells, so fatty acids can be burned off more easily during exercise.

- * Safe, painless and non-invasive treatment for spot fat reduction and body aesthetic contouring.
- * For use on the abdomen, arms, legs, neck buttocks and other areas
- * Use 10 minutes per treatment area, 2 to 3 times per week, in conjunction with exercise and a healthy diet
- * 660nm LED light stimulates fat cells and opens the walls of the cells

- * The open fat cells release triglycerides (fatty acids) into the interstitial space (the space between cell membranes), so they can be metabolized (burned off) during exercise
 - * After each treatment (followed by exercise within 24 hours) fat cells empty and shrink, causing you to lose inches
 - * Add optional vibration for additional effect
 - * Includes patented LED light panel belt with easy to use base unit with timer
 - * LED Treatments may also stimulate the production of collagen and elastin, which results in firmer, tighter and smoother skin
 - * Plugs into an AC outlet
 - * Not for those with open wounds, pacemakers, photosensitivity, epilepsy, cancer, kidney or liver problems, thyroid problems or women who are pregnant or nursing.
- PLEASE NOTE: this is a personal care item and is returnable only if in its original unopened packaging and unused.

Unpacking and inspection:

Open the carton and check each item in the box. Make sure all the components listed below are included. Unpack your Innergizer Lite from the shipping package. Inventory all equipment and make sure your item is complete.

Innergizer Lite Base Unit (1)
Power Cord (two parts)
Body Strap (1)

Flexible Light Head (1)
Velcro

Place the Flexible Light Head (FLH) on the desired part of the body. Make sure the FLH is in firmly against the body part. **Do not allow light to shine into eyes** as this can cause damage to your vision.

Use the Velcro strap to firmly attach the FLH to the body part desired.

Turn the Innergizer Lite on using the toggle switch next to the power cord plugin.

Use the TIME buttons to set the desired time. The machine default setting is for 30 minutes; we have found 10 minutes to be an effective time setting for optimum effect. Press the START/STOP button to start the light function of the machine. The RED indicator will be illuminated on the control panel. Press the SWITCH button to turn on vibration. 1-push will be a short pulse, 2-pushes will be longer pulse, 3-pushes will be continuous, 4-pushes will be short pulse again, the RED Indicator will go off and the red light will not be illuminated. 5-pushes, no light longer pulse, 6-pushes, continuous no red light. The Innergizer Lite will shut off as soon as the time counts down to 0.

There are two plug in ports, either one is fine to use, this machine has the capability to power to FLH at the same time. Purchase of additional head is required.

Recommended Body Placement



Thigh

Arm

Love Handles

Abdomen

Neck

To get the best results follow these simple guidelines, this will enhance the effectiveness of the Innergizer Lite.

- Make sure the FLH is placed firmly against the body part you are treating and secured with the Velcro strap.
- Make sure to use the Accelerator for enhanced results
- Make sure to fill in your food journal continually throughout the day
- Drink Plenty of Water after using the device. (Ideally you want to drink ½ ounce of water for every pound of body weight every day, if you weigh 130 lbs drink at least 65 ounces of WATER each day.)
- Be sure to make sure to exercise for at least 30 minutes each day. (approximately 500 calories of exercise)
- Do not eat 2 hours before or one hour after each session

Warnings, Cautions & Notes:

- Warning: The operator must be thoroughly familiar with the information in this manual before using the device.
- Warning: Not intended for ocular applications or direct eye exposure
- Warning: Use carefully. May cause serious burns.
- Warning: To avoid electrical shock hazard, do not open the base.
- Warning: Opening the base voids all warranties.
- Warning: Not for use on open wounds or sores, minors, people with pacemakers, photosensitivity, epilepsy, and form of cancer, kidney problems, liver problems, thyroid problems, or women who are pregnant or nursing. See CONTRAINDICATIONS section for more detailed information.
- Warning: The unattended use of Innergizer Lite by children or incapacitated persons may be dangerous.
- Caution: Do not autoclave or immerse light source in liquid.
- Note: The Innergizer Lite is a Class 1 LED Device, which is safe under reasonably foreseeable conditions (per IEC 60825-1:1993+A1:1997+A2:2001).
- Note: The equipment is suitable for use in medical offices or households.
- Note: Use of mobile phones or other electronic devices around the Innergizer Lite may interfere with the device and could cause a malfunction.
- Note: Use or storage of this device in an environment of high humidity or precipitation may adversely affect the device. We advise storing in a cool dry location, not in a bathroom.
- Note: There are no customer serviceable parts in this device. If service is required, please contact PHI Management at sales@innergizerplus.com for instructions.

Contraindications:

Below is a list of contraindications. Contraindications are conditions or factors that serve as a reason **not** to use this machine, as it could be harmful to the individual using the Innergizer Lite. If at any time there is a question as to whether the Innergizer Lite should be used, consult a medical doctor before use.

Not for use on:

- Open wounds or sores
- Minors (those below 18 years of age)
- People with a pacemaker
- People who have photosensitivity
- People with Epilepsy
- People with Cancer
- People with severe kidney or liver problems
- People with thyroid problems
- Women who are pregnant or nursing

Maintenance: Cleaning and disinfection: After each use, using a soft cloth dampened with warm water or isopropyl alcohol wipe the entire face of the FLH including the plastic window of the light-emitting surface. CAUTION: Do not allow liquid to enter any of the openings on the unit

Preventative Inspection:

- Before each use, carefully inspect the Innergizer Lite to make sure it does not appear damaged.
- Before operation the user should check to make sure the protective cover housing of the LED is intact
- The Innergizer Lite has no serviceable parts or calibration requirements.

Specifications:

Power Requirements

Power: 100-240V -1.5A 50-60Hz

Output: 20 V 2A

Led: Class 1 Non-Prescription

Storage: Whenever possible the Innergizer Lite should be stored at room temperature in a cool dry place. Bathroom storage is not recommended

Operating Temperature: 50° / 104 °F (10° / 40° C)

Storage Temperature: -20° / 130° F (30° -55° C)

Relative Humidity: 10- 95% storage, non condensing